

THE SENIOR SCOOP



Preamble by Mark Gibbons, President/CEO of RetireSafe

Happy New Year! Welcome to another year of RetireSafe's electronic newsletter. A new year often brings an opportunity for new ideas, renewed focus, and meaningful change. [Click here](#) to see RetireSafe's Vision for 2026 on our website and read how we plan to Stand For You!

As always we welcome participation, ideas and your comments to make this newsletter a tool that you can use and share with your friends and family. Please contact me directly at mark@retiresafe.org.

Mark Gibbons

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Presented By
RetireSafe

Policy & Legislation Update

At RetireSafe, we are always tracking bills that are relevant to Medicare, Social Security, and other issues that older Americans face every day. [Click here](#) to see a list of all the bills RetireSafe is currently tracking - complete with summaries, RetireSafe's stance, and links to the bill's pages on Congress.gov.

As we update the list and add new bills, we will feature them in The Senior Scoop! Check out the latest bill we are tracking below, and keep an eye out for new ones in later issues or on [RetireSafe's website!](#)

H.R.842/S.339 Medicare Multi-Cancer Early Detection (MCED) Screening Coverage Act

The MCED Act would create a clear pathway for Medicare to cover multi cancer early detection screening tests—a groundbreaking advancement in preventive healthcare. Currently, routine cancer screening exists for only five cancers, leaving most cancers without standard early detection options. MCED tests are designed to identify multiple cancers at earlier stages, often before symptoms appear.

Health and Wellness Corner

The health and well-being of senior Americans has always been one of the main concerns of RetireSafe. For upcoming newsletters, the Health and Wellness Corner will be a section dedicated to information that you will find helpful when maintaining your own health and wellness.

This month I want to highlight a vaccines and preventive screenings checklist we have posted on our website. [Click here](#) to be taken to the section on our website where you can access the checklists as downloadable PDFs that are easy to print out and share. We highly recommend making sure you are up-to-date with your primary care provider on these important preventive measures!

Member Voices

Our vision for this section is to hear from YOU - whether it is a comment, question, or concern! Please help us make this section interactive by sending your content to mark@retiresafe.org.

RetireSafe in Action

“We Stand For You!”

A core pillar of RetireSafe’s mission is “advocating for YOU!” This section allows us to share some of the ways we put that into practice.

This month, we sent a letter to Congress in support of the Preserving Patient Access to Home Infusion Act - [read it here!](#)

We also released a statement opposing Most Favored Nation demonstrations - [read it here!](#)

Announcements

Energy and Commerce Hearings will take place over the next couple of weeks that will feature several pieces of legislation that will have an impact on American seniors. This committee handles all healthcare-related issues - to include Medicare, Medicaid, and reform. Stay tuned to the [Trending section](#) on our website for any important updates and commentary!

THANKS FOR READING!

Is there something we need to report on?
Let us know!

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Tip of the Month

Check out the article below for some helpful self-care tips during this cold time of year!

[Winter Wellness: 10 Self-Care Tips for Seniors to Stay Healthy and Happy](#)

Enjoy our newsletter?
[Click here](#) to view past issues of The Senior Scoop and more!

Please consider donating to support our future endeavors and help us advocate for YOU!